

## FACE SHEET

Initial Appointment Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### CLIENT INFORMATION

First Name: \_\_\_\_\_ Initial: \_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security No.: \_\_\_\_\_

Sex: \_\_\_\_ Marital Status: \_\_\_\_ How did you hear about us: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Employer or School: \_\_\_\_\_ Full Time \_\_\_\_ Part Time \_\_\_\_

Circle The Preferred Phone Number:

Home (\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_ Religion: \_\_\_\_\_

Name and Address of Physician: \_\_\_\_\_

### PAYMENT INFORMATION (we will need a copy of insurance card and photo ID)

Full name of Insured: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: \_\_\_\_

SSN: \_\_\_\_\_ (*Insured person's social security number is required*)

Address of Insured: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Client's relationship to insured (circle): Self Spouse Child Other: \_\_\_\_\_

Insured's Employer: \_\_\_\_\_

CIRCLE CONTACT PHONE OF YOUR CHOICE: Home Phone: (\_\_\_\_) \_\_\_\_\_

Work Phone (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_ Other: (\_\_\_\_) \_\_\_\_\_

Is there a second insurance policy (circle) Yes No I don't know (*If yes, we will need a copy of that insurance card.*)

### EMERGENCY CONTACT:

Full Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Relationship to client: \_\_\_\_\_

**CONFIDENTIAL CLIENT INFORMATION**

**Client Name:** \_\_\_\_\_

Children or Siblings (name, ages): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently receiving treatment for an illness, injury, or other medical condition? Yes No  
If yes, what is the diagnosis and what are the treatments: \_\_\_\_\_  
\_\_\_\_\_

Are you currently taking any prescription or over-the-counter medications or illegal drugs? Yes No  
If yes, please tell us the name and dosage of each medication: \_\_\_\_\_  
\_\_\_\_\_

Legal Issues and History: Please tell us if you have any current legal issues (arrests, convictions, civil or criminal lawsuits, judgments, order of protection, bankruptcy, juvenile delinquency): \_\_\_\_\_  
\_\_\_\_\_

What are your goals for therapy? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The above information is true and correct to the best of my knowledge.

\_\_\_\_\_  
Signature of person completing this page                      Date                      Circle: Self Parent Spouse Other  
Your relationship to client

**PRE-AUTHORIZATION FOR HEALTH CARE  
CONSENT FOR TREATMENT**

By signing this document, I, \_\_\_\_\_, am indicating that I agree to participate in the following services with Valerie Hubbard, LPC, C.Ht.

- |  |   |
|--|---|
| <input type="checkbox"/> CLINICAL ASSESSMENT                           | <input type="checkbox"/> INDIVIDUAL THERAPY   |
| <input type="checkbox"/> CLINICAL ASSESSMENT FOR MY CHILD              | <input type="checkbox"/> THERAPY FOR MY CHILD |
| <input type="checkbox"/> FAMILY THERAPY OR COUPLE/RELATIONSHIP THERAPY | <input type="checkbox"/> GROUP THERAPY        |
| <input type="checkbox"/> HYPNOTHERAPY                                  | <input type="checkbox"/> OTHER _____          |

I understand that, in order to develop the therapist-patient relationship and treatment plan necessary to meet my needs, an initial assessment will be completed and a joint decision made to either proceed with the recommended treatment plan or to continue the assessment over additional visits. The limitations and benefits of all therapy or services I may receive will be discussed with me. I understand that while the long term goal of therapy is to feel better, I may experience a period of feeling worse before I begin to feel better and I also understand that there is no guarantee of success. I understand that there may be alternative methods of therapy for my consideration and I am encouraged to ask questions regarding my treatment or other methods at any time.

**PRIVACY (CONFIDENTIALITY) POLICY**

State and federal laws protect the confidential nature of the therapist-client relationship. Clinical information will not be released to anyone without prior written consent to do so by the client (or the guardian-parent of a minor). However, there are some exceptions where information may be released without client consent. These include:

- 1) A therapist must take appropriate action when there is a danger to the client or to another individual at the client's hands. In general, this means that the therapist may involve others to protect the client if he or she is suicidal or is unable to provide self-care at a level necessary for basic survival. Others may also be involved to prevent harm to another person. State law mandates that suspected neglect or abuse of a child, of an elderly individual, or of a disabled individual must be reported.
- 2) When ordered by a court to do so, a therapist may testify or release client records. However, no release of information or testimony is given in response to a subpoena without the client or client guardian's written authorization unless required by law to do so.
- 3) Consultation with other health care professionals may be necessary at some point in time. Where possible, identification of clients is withheld. However, there are times when exchange of information is necessary. An example of this type of exchange would be when the therapist is out of town or on vacation and another therapist is providing coverage for that therapist. Case material is often used for training, for research, and for other academic endeavors but client identification is always removed. Any other release of information must come with the above listed written approval.

I understand that this agreement is valid for the duration of time that I am participating in services with Valerie Hubbard, LPC, C.Ht. (hereinafter referred to as VH). By signing below, I acknowledge that I have received a copy of the **Pre-Authorization for Health Care** and the **Privacy (Confidentiality) Policy**, and I understand and agree to the entire contents of those documents. I acknowledge that I have had an opportunity to have answered any questions, comments or concerns that I might have had prior to signing this consent and participating in services. I am aware that I can stop counseling at any time. VH reserves the right to amend the **Pre-Authorization for Health Care** and the **Privacy (Confidentiality) Policy** and changes will be available at the office of VH and on The Springs Counseling Group website at [www.TheSpringsCounseling.com](http://www.TheSpringsCounseling.com). I can request a copy of changes at any time at no charge. Any changes that VH makes are effective immediately unless otherwise indicated. **A COPY OF THIS PAGE MAY BE FOUND ON THE LAST PAGE.**

\_\_\_\_\_  
CLIENT SIGNATURE (18 and older)

\_\_\_\_\_  
Date

\_\_\_\_\_  
SIGNATURE OF PARENT OR SPOUSE  
(for a child age 17 or younger)

\_\_\_\_\_  
Date

**Notice of Financial Responsibility**

I understand that I will be charged \$125 for an initial individual session, \$100 for each 45 minute individual session, and \$110 for each 60 minute individual or family session, and various other charges as needed for consultation etc. with others. I am aware that State and federal laws require VH to collect co-payments, co-insurance and deductibles in full at the time of the session. **I am responsible for paying my co-payment at the time of my session.** VH will bill me for any additional co-insurance and deductibles that are due after VH files with my insurance company and receives an explanation of benefits.

If VH is an in-network provider for my insurance company, I am only responsible for the VH contracted rate which may be the same or less than the VH rates for services. If VH is an out-of-network provider, I may be responsible for the difference between what the insurance company pays and what VH charges. **If I do not give 24 hours notice of a cancellation or if I miss my appointment, I will be charged the full session fee. If I cancel within 24 hours prior to the appointment, a lesser fee will be charged. This notice must be during the Monday to Friday workweek, not over a weekend.** After receiving an Explanation of Benefits from my insurance company, or if I am paying privately, if my balance exceeds \$200, my counselor may stop providing services until my balance is down to a reasonable amount. I understand that services may not be provided if my account is turned over to an attorney or other agency for collection.

**I am aware that there is no guarantee that my insurance company will cover services, and that I am fully responsible for all fees not covered by my insurance company.** I understand that payment may be made with cash, credit card, or by check. VH does not extend credit. In any such arrangement, late payment fees of \$10 per month will be charged on any balance not paid within 30 days. VH does not depend on an outside collection service unless accounts are overdue by 90 days. VH would much rather communicate with clients and find solutions to overdue accounts. I hereby consent to the delegation of collection activities to an outside collection agency, including the release of necessary information required by the collection agency. A delinquency fee of 40% of the outstanding balance will be added if a collection agency is required. There is a returned check processing fee of \$25 in addition to reimbursement for charges assessed by the VH bank. Statements, receipts, or other documentation will not be issued to any delinquent account until paid in full. Payment by credit cards will be in accordance with the **Pre-authorization for Health Care** form provided by VH. I agree that VH reserves the right to amend this agreement and may provide me with written notice of any amendment, at which time I will have 30 days to decide if I will continue services with VH under the amended agreement. I authorize payment of benefits to VH for any and all services provided by VH.

**COURT APPEARANCES:** I understand that if report preparation is requested or required, the time rate charged for our therapy sessions will apply. Charges will also apply to extended or frequent telephone contact. These services are not usually reimbursed by insurance. I will not agree to court appearances or other legal involvements unless we have discussed the matter thoroughly and both agree that such involvement is within my range of competence and will not interfere with the treatment relationship. ***If you do become involved in legal proceedings that require my participation, you will be expected to pay for my time even if I am called to testify by another party. Because of the difficulty of legal involvement, I charge \$300.00 an hour for any preparation and attendance at any legal proceeding. Professional fees for court appearances, depositions and attorney consultations, including travel and waiting time, are non-discountable, and must be paid in advance. A four hour minimum (\$1200) is required and must be paid prior to any testimony, provision of a clinical opinion, response to attorneys via telephone call or mail, subpoenas, or preparation of any report for litigating parties.***

\_\_\_\_\_  
Signature of client of Parent of child under 17

\_\_\_\_\_  
Today's Date

**RELEASE OF INFORMATION:** I authorize any and all of my medical information necessary to process insurance claims to be released to \_\_\_\_\_ for the purpose of processing claims.

\_\_\_\_\_  
Signature of client of Parent of child under 17

\_\_\_\_\_  
Today's Date

My co-payment or co-insurance due at the time of each session is \$ \_\_\_\_\_. My deductible is \$ \_\_\_\_\_.

**CREDIT CARD INFORMATION AND AUTHORIZATION**

If you need to cancel or reschedule an appointment, please give 24 hours advance notice, otherwise you will be charged at my full hourly rate, and this will not be covered by your insurance. If I do not hear from you before your missed appointment, your credit card will be charged. If you need to cancel or are going to be late, please call me at my office number 830-488-7381. If you arrive late, the session will still end at the scheduled time. If I haven't been informed that you will be late and you haven't appeared 15 minutes after your scheduled time, I may leave the office. Failure of your credit card to be accepted on the first attempt will result in a \$25 fee.

Credit Card Authorization Form

I, \_\_\_\_\_, hereby authorize Valerie Hubbard, LPC, C.Ht. to bill my credit card as listed below for professional fees for  myself or \_\_\_\_\_.

I agree that Valerie Hubbard, LPC, C.Ht. may bill my credit card at the full fee of \$\_\_\_\_\_ for professional services including the following:

(Initial)

- \_\_\_\_\_ Appointments that I elect to pay by credit card.
- \_\_\_\_\_ Missed appointments. (Will be charged at the full fee)
- \_\_\_\_\_ Appointments I have cancelled with less than 24 hours' notice. (Full fee)
- \_\_\_\_\_ Telephone consultations (billed in 15 minute increments based on \$110 per hour)

I also agree that my credit card may be charged for the following:

- \_\_\_\_\_ Balances of charges not paid by me or my insurance.
- \_\_\_\_\_ Insufficient funds/returned checks and bank charges for those.

Type of Card: (check one):

Visa  MasterCard  Discover  American Express

Name as it appears on card: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

CVV2/CID Security Code: \_\_\_\_\_

Zip code on billing address: \_\_\_\_\_

Signature: \_\_\_\_\_

Date of Signature: \_\_\_\_\_

Charges will appear on your credit card statement as Valerie Hubbard.

## ABOUT VALERIE HUBBARD, LPC, C.HT.

Please initial each box:

- I understand that Valerie Hubbard is a Licensed Professional Counselor in the state of Texas and is a Certified Clinical Hypnotherapist with the American Board of Hypnotherapy.
- I understand that Valerie Hubbard works with children, adolescents, and adults in individual, group and family counseling.
- I understand that as my therapist, or the therapist working with my child, I am in control of the counseling relationship and may choose at any time to end our therapeutic relationship.
- I understand that if any assignment is given that I disagree with morally, ethically, or emotionally, I have the right not to proceed in that assignment.
- I understand that if I am concerned about slow progress or lack of progress, I have the right to speak to Valerie Hubbard about this.
- I understand that Valerie Hubbard does not perform formal testing but refers individuals to those who do.
- I understand that our paths may cross in social situations, but that our therapeutic relationship comes first, along with protection of my confidentiality.
- I understand that there are some occasions when confidentiality can/must be breached. Those are: a) I direct Valerie Hubbard to tell someone else in writing or verbally, b) Valerie Hubbard determines that her client poses a threat to themselves or others, c) she is ordered by a court to disclose information, or d) she suspects that child abuse has taken place, at which time she will notify Child Protective Services.
- I understand that counseling can improve as well as upset the equilibrium in any person or family.
- I understand that if I have a complaint I cannot resolve with Valerie Hubbard and I wish to file a formal complaint, I may contact the Texas State Board of Examiners of Licensed Professional Counselors at 1-800-942-5540.
- I understand that I am responsible for all fees that my insurance denies, rejects, or fails to pay to Valerie Hubbard.
- I understand that there is a returned check fee of \$25 and that if a returned check is not cleared up in 30 days, Valerie Hubbard will file a suit with the Comal County District Attorney's Office.
- I understand that all co-pays are due at the time of service.
- I understand that if I do not give at least 24 hours notice in canceling an appointment, I will be charged a fee equal to that of the scheduled appointment. This amount, which will not be covered by insurance, will be due not later than the next scheduled appointment.
- I understand that the rate for an initial session is \$125.00 and \$110.00 for subsequent routine sessions. These fees are for 45-60 minute sessions.
- I understand that Valerie Hubbard is not a psychiatrist. She is a Master's level therapist, and as such cannot recommend or prescribe medications but can encourage clients to see an MD for a medication evaluation.
- Emergencies: I understand that Valerie Hubbard does not provide emergency services. I may call the office number at any time and leave a message. If during the business day, this call will be returned fairly quickly in most circumstances. If the call is received over night or on the weekends, it will usually be returned the next business day. If Valerie Hubbard is on extended leave, this information will be provided on her voicemail and your call will usually be returned on the next business day upon return. If I find myself in an urgent situation, I have the choice of waiting for the return call, of calling 911, or of going to the nearest emergency room for immediate care.
- Death or Incapacity: I understand that in the event Valerie Hubbard dies or becomes unable to continue providing clinical services, LaVonne Dyste, LPC-S will be designated as conservator for my patient records and he will take possession of said records at that time. Upon receipt of my written request, LaVonne Dyste, LPC-S will make these records available to me or a mental health provider of my choice.

***By signing below, I confirm that I have read, agree to, and received the above information.***

\_\_\_\_\_  
**Client/Parent of Client**

\_\_\_\_\_  
**Date Received and Read**

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---

***Client/Parent of Client***

---

***Date Received and Read***

**PRE-AUTHORIZATION FOR HEALTH CARE (Client Copy)**

**CONSENT FOR TREATMENT**

By signing this document, I, \_\_\_\_\_, am indicating that I agree to participate in the following services with River-bend Counseling:

- |   |                            |
|---|----------------------------|
| _____ CLINICAL ASSESSMENT                           | _____ INDIVIDUAL THERAPY   |
| _____ CLINICAL ASSESSMENT FOR MY CHILD              | _____ THERAPY FOR MY CHILD |
| _____ FAMILY THERAPY OR COUPLE/RELATIONSHIP THERAPY | _____ GROUP THERAPY        |
| _____ HYPNOTHERAPY                                  | _____ OTHER _____          |

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\_\_\_\_\_  
CLIENT SIGNATURE (18 and older)

\_\_\_\_\_  
Date

\_\_\_\_\_  
SIGNATURE OF PARENT OR SPOUSE  
(for a child age 17 or younger)

\_\_\_\_\_  
Date