

INTAKE SHEET

Initial Appointment Date: ____/____/____

CLIENT INFORMATION

First Name: _____ Initial: _____ Last Name: _____

Date of Birth: _____ Social Security No.: _____

Sex: _____ Marital Status: _____ How did you hear about us: _____

Address: _____ City: _____ Zip: _____

Employer or School: _____ Full Time _____ Part Time _____

Circle The Preferred Phone Number: Home (____) _____ Work (____) _____

Cell Phone: (____) _____ Email: _____ Religion: _____

NAME AND ADDRESS OF PHYSICIAN: _____

PAYMENT INFORMATION (we will need a copy of insurance card and photo ID)

Full name of Insured: _____ DOB: _____ Sex: _____

SSN: _____ (*Insured person's social security number is required*)

Address of Insured: _____ City: _____ Zip: _____

Client's relationship to insured (circle): Self Spouse Child Other: _____

Insured's Employer: _____

CIRCLE CONTACT PHONE OF YOUR CHOICE: Home Phone: (____) _____

Work Phone (____) _____ Cell Phone: (____) _____ Other: (____) _____

Is there a second insurance policy (circle) Yes No I don't know (*If yes, we will need a copy of that insurance card.*)

EMERGENCY CONTACT:

Full Name: _____ Phone Number: (____) _____

Address: _____ Cell Phone: (____) _____

Relationship to client: _____

CONFIDENTIAL CLIENT INFORMATION

Client Name: _____

Children or Siblings (name, ages): _____

Are you currently receiving treatment for an illness, injury, or other medical condition? Yes No
If yes, what is the diagnosis and what are the treatments: _____

Are you currently taking any prescription or over-the-counter medications or illegal drugs? Yes No
If yes, please tell us the name and dosage of each medication: _____

Legal Issues and History: Please tell us if you have any current legal issues (arrests, convictions, civil or criminal lawsuits, judgments, order of protection, bankruptcy, juvenile delinquency): _____

What are your goals for therapy? _____

The above information is true and correct to the best of my knowledge.

Signature of person completing this page Date Circle: Self Parent Spouse Other
Your relationship to client

COMPLAINTS

It is always my goal to provide professional and ethical services. If you are ever dissatisfied with my services, I encourage you to discuss it with me first to see if I can resolve your concern. However, if that is not satisfactory to you, you are also welcome to contact the Texas State Board of Examiners of Professional Counselors at the following address: 1100 West 49th Street Austin, Texas 78756-3183 1(800) 942-5540

PRE-AUTHORIZATION FOR HEALTH CARE

CONSENT FOR TREATMENT

By signing this document, I, _____, am indicating that I agree to participate in the following services with Kim Lehmann, LPC, PLLC:

<input type="checkbox"/> CLINICAL ASSESSMENT	<input type="checkbox"/> INDIVIDUAL THERAPY
<input type="checkbox"/> CLINICAL ASSESSMENT FOR MY CHILD	<input type="checkbox"/> THERAPY FOR MY CHILD
<input type="checkbox"/> FAMILY THERAPY OR COUPLE/RELATIONSHIP THERAPY	<input type="checkbox"/> GROUP THERAPY
<input type="checkbox"/> OTHER _____	

I understand that, in order to develop the therapist-patient relationship and treatment plan necessary to meet my needs, an initial assessment will be completed and a joint decision made to either proceed with the recommended treatment plan or to continue the assessment over additional visits. The limitations and benefits of all therapy or services I may receive will be discussed with me. I understand that while the long term goal of therapy is to feel better, I may experience a period of feeling worse before I begin to feel better and I also understand that there is no guarantee of success. I understand that there may be alternative methods of therapy for my consideration and I am encouraged to ask questions regarding my treatment or other methods at any time.

PRIVACY (CONFIDENTIALITY) POLICY

State and federal laws protect the confidential nature of the therapist-client relationship. Clinical information will not be released to anyone without prior written consent to do so by the client (or the guardian-parent of a minor). Interaction between client and therapist will occur ONLY during the session. Other interaction is prohibited by the Code of Ethics; text and email messages by other clients or collateral contacts will be ignored. For billing and scheduling questions, please contact Kim at 830-608-3137. However, there are some exceptions where information may be released without client consent. Instances where information may be revealed include:

- 1) A therapist must take appropriate action when there is a danger to the client or to another individual at the client's hands. In general, this means that the therapist may involve others to protect the client if he or she is suicidal or is unable to provide self-care at a level necessary for basic survival. Others may also be involved to prevent harm to another person. State law mandates that suspected neglect or abuse of a child, of an elderly individual, or of a disabled individual must be reported.
- 2) When ordered by a court to do so, a therapist may testify or release client records. However, no release of information or testimony is given in response to a subpoena without the client or client guardian's written authorization unless required by law to do so.
- 3) Consultation with other health care professionals may be necessary at some point in time. Where possible, identification of clients is withheld. However, there are times when exchange of information is necessary. An example of this type of exchange would be when the therapist is out of town or on vacation and another therapist is providing coverage for that therapist. Case material is often used for training, for research, and for other academic endeavors but client identification is always removed. Any other release of information must come with the above listed written approval.

I understand that this agreement is valid for the duration of time that I am participating in services with Kim Lehmann, LPC, NCC, PLLC (hereinafter KL). By signing below, I acknowledge that I have received a copy of the **Pre-Authorization for Health Care** and the **Privacy (Confidentiality) Policy**, and I understand and agree to the entire contents of those documents. I acknowledge that I have had an opportunity to have answered any questions, comments or concerns that I might have had prior to signing this consent and participating in services. I am aware that I can stop counseling at any time. KL reserves the right to amend the **Pre-Authorization for Health Care** and the **Privacy (Confidentiality) Policy** and changes will be available at the office of KL and on the Springs Counseling website at www.TheSpringsCounseling.com. The Springs Counseling Group, LLC, is a group of independent practitioners, and The Springs Counseling Group is not providing the service. Client services are provided by each independent practitioner. I can request a copy of changes at any time at no charge. Any changes that KL makes are effective immediately unless otherwise indicated. **A COPY OF THIS PAGE MAY BE FOUND ON THE LAST PAGE.**

CLIENT SIGNATURE (18 and older)

Date

SIGNATURE OF PARENT OR SPOUSE (for a child age 17 or younger)

Date

Notice of Financial Responsibility

I understand that I will be charged \$150 for an initial session, \$135 for each individual session, and \$150 for each family session. These fees are subject to change based upon industry standards and individual circumstances. Fees vary for weekend sessions. There are various other charges as needed for court appearances, report writing and consultation etc. with others. I am aware that State and federal laws require KL to collect co-payments, co-insurance and deductibles in full. **I am responsible for paying my co-payment at the time of my session.** KL will bill me for additional co-insurance and deductibles that may be due after KL files with my insurance company and receives an explanation of benefits.

If KL is an in-network provider for my insurance company, I am only responsible for the KL contracted rate which may be the same or less than the KL rates for services. If KL is an out-of-network provider, I may be responsible for the difference between what my insurance pays and what KL charges. I am aware that KL *may* charge me interest if I am under a payment plan. **If I do not give 24 hours notice of a cancellation or if I miss my appointment, I will be charged the full session fee. This notice must be during the Monday to Friday workweek, not over a weekend.** After receiving an Explanation of Benefits from my insurance company, or if I am paying privately, if my balance exceeds \$200, my counselor may stop providing services until my balance is down to a reasonable amount. I understand that services may not be provided if my account is turned over to an attorney or other agency for collection.

I am aware that there is no guarantee that my insurance company will cover services, and that I am fully responsible for all fees not covered by my insurance company. I understand that payment may be made with cash, credit card, or by check. KL does not extend credit. In any such arrangement, late payment fees of \$25 per month will be charged on any balance not paid within 30 days. KL does not depend on an outside collection service unless accounts are overdue by 90 days. KL would much rather communicate with patients and find solutions to overdue accounts. I hereby consent to the delegation of collection activities to an outside collection agency, including the release of necessary information required by the collection agency. A delinquency fee of 40% of the outstanding balance will be added if a collection agency is required. There is a returned check processing fee of \$25 in addition to reimbursement for charges assessed by the KL bank. Additionally, there is a charge of \$25 if a credit card fails to clear on its first attempt. **ALSO NOTE THAT ALL SERVICES MAY BE TERMINATED AT THIS POINT.** Statements, receipts, or other documentation will not be issued to any delinquent account until paid in full. Payment by credit cards will be in accordance with the **Pre-authorization for Health Care** form provided by KL. I agree that KL reserves the right to amend this agreement and may provide me with written notice of any amendment, at which time I will have 30 days to decide if I will continue services with KL under the amended agreement. I authorize payment of benefits to KL for any and all services provided by KL.

COURT APPEARANCES: I understand that if report preparation is requested or required, the time rate charged for our therapy sessions will apply. Extended or frequent telephone contact will also be charged for. These services are not usually reimbursed by insurance. I will not agree to court appearances or other legal involvements unless we have discussed the matter thoroughly and both agree that such involvement is within my range of competence and will not interfere with the treatment relationship. If you become involved in legal proceedings that require my participation, you will be expected to pay for my time even if I am called to testify by another party. Because of the difficulty of legal involvement, I charge \$350.00 an hour for any preparation and attendance at any legal proceeding. Professional fees for court appearances, depositions and attorney consultations including travel and waiting time, are non-discountable, and are payable in advance only. A four hour minimum (\$1400) is required and must be paid prior to any testimony, provision of a clinical opinion, response to attorneys via telephone call or mail, subpoenas, or preparation of any report for litigating parties.

Signature of client of Parent of child under 17

Today's Date

RELEASE OF INFORMATION: I authorize any and all of my medical information necessary to process insurance claims to be released to _____ for the purpose of processing claims.

Signature of client OR Parent of child under 17

Today's Date

My co-payment or co-insurance due at the time of each session is \$_____. My deductible is \$_____.

CREDIT CARD INFORMATION AND AUTHORIZATION

If you need to cancel or reschedule an appointment, please give 24 hours advance notice, otherwise you will be charged at my full hourly rate, and this will not be covered by your insurance. If I do not hear from you before your missed appointment, your credit card will be charged. If you need to cancel or are going to be late, please call me at my office number (830-608-3137). If you arrive late, the session will still end at the scheduled time. If I haven't been informed that you will be late and you haven't appeared 15 minutes after your scheduled time, I may leave the office. Failure of your credit card to be accepted on the first attempt will result in a \$25 fee.

Credit Card Authorization Form

I, _____, hereby authorize *Kim Lehmann, LPC* to bill my credit card as listed below for professional fees for myself or _____.

I agree that Kim Lehmann, LPC may bill my credit card at the full understood fee for professional services including the following:

(Initial)

- _____ Appointments that I elect to pay by credit card.
- _____ Missed appointments. (Will be charged at the full fee)
- _____ Appointments I have cancelled with less than 24 hours' notice. (Full fee)
- _____ Telephone consultations (billed in 15 minute increments based on \$135 per hour)

I also agree that my credit card may be charged for the following:

- _____ Balances of charges not paid by me or my insurance.
- _____ Insufficient funds/returned checks and bank charges for those.

Type of Card: (check one):

Visa Mastercard Discover American Express

Name as it appears on card: _____

Card Number: _____

Expiration Date: _____

CVV2/CID Security Code: _____

Zip code on billing address: _____

Signature: _____

Date of Signature: _____

Charges will appear on your credit card statement as *Kim Lehmann, LPC* or some variation of it.

Please circle ALL of the following items that are currently a concern to you regarding YOU AND/OR YOUR PRESENT RELATIONSHIP

- | | |
|--------------------------------|---------------------------------------|
| 1. Premarital Counseling | 17. Childhood emotional abuse |
| 2. Marital relationship | 18. Childhood physical abuse |
| 3. Remarried relationship | 19. Childhood sexual abuse |
| 4. Poor communication | 20. Financial concerns |
| 5. Sexual difficulties | 21. Anger |
| 6. Parenting concerns | 22. Grief/Loss |
| 7. Anxiety | 23. Work related concerns |
| 8. Depression | 24. Illness |
| 9. Family relationships | 25. Physical abuse/violence |
| 10. Excessive alcohol/drug use | 26. Verbal abuse/violence |
| 11. Stress | 27. Eating disorder |
| 12. Self-esteem | 28. Cutting/self-mutilating behaviors |
| 13. Physical problem | 29. Rape |
| 14. Suicidal thoughts | 30. Divorce contemplation |
| 15. Suicide attempt | 31. Divorce recovery |
| 16. Incest | 32. Custody issues |
| 33. Other (please describe) | |
-
-

The above information is true and correct to the best of my knowledge.

Signature of person completing form

Date

Please circle ALL of the following items that are currently a concern to you regarding **YOUR CHILD OR CHILDREN** (IF APPLICABLE). _____ NOT APPLICABLE

- | | |
|---------------------------|---|
| 1. Stealing | 14. High Anxiety |
| 2. Poor communication | 15. Peer relationships |
| 3. Physical violence | 16. Poor self esteem |
| 4. Fire setting | 17. Bedwetting/soiling |
| 5. Truancy | 18. Destructiveness |
| 6. Drugs/alcohol | 19. Issues with stepchildren/step-parenting |
| 7. Adolescent pregnancy | 20. Disobedience |
| 8. Sexual abuser | 21. ADD/ADHD |
| 9. Sexual abuse victim | 22. Depression |
| 10. Physical abuse victim | 23. Eating disorder |
| 11. Divorce adjustment | 24. Cutting/self-mutilating behaviors |
| 12. Death/loss/grief | 25. Suicide attempt |
| 13. Anger | |

Please use the section below to list/describe the various strengths and positive attributes your child possesses:

Please note, for legal reasons, if you are divorced, you MUST provide a copy of the Divorce Decree before your child receives services.

ABOUT THE SPRINGS COUNSELING GROUP AND KIM LEHMANN, LPC, NCC, PLLC

Please initial each box:

- I understand that Kim Lehmann is a Licensed Professional Counselor in the state of Texas.
- I understand that Kim Lehmann works with children, adolescents, and adults in individual, group and family counseling.
- I understand that as my therapist, or the therapist working with my child, I am in control of the counseling relationship and may choose at any time to end our therapeutic relationship.
- I understand that if any assignment is given that I disagree with morally, ethically, or emotionally, I have the right not to proceed in that assignment.
- I understand that if I am concerned about slow progress or lack of progress, I have the right to speak to Kim Lehmann about this.
- I understand that Kim Lehmann does not perform formal testing but refers individuals to those who do.
- I understand that our paths may cross in social situations, but that our therapeutic relationship comes first, along with protection of my confidentiality.
- I understand that there are some occasions when confidentiality can/must be breached. Those are: a) I direct Kim Lehmann to tell someone else in writing or verbally, b) Kim Lehmann determines that her client poses a threat to themselves or others, c) she is ordered by a court to disclose information, or d) She suspects that child abuse has taken place, at which time she will notify Child Protective Services.
- I understand that counseling can improve as well as upset the equilibrium in any person or family.
- I understand that if I have a complaint I can not resolve with Kim Lehmann and I wish to file a formal complaint, I may contact the Texas State Board of Examiners of Licensed Professional Counselors at 1-800-942-5540.
- I understand that I am responsible for all fees that my insurance denies, rejects, or fails to pay to Kim Lehmann.
- I understand that there is a returned check fee of \$25 and that if a returned check is not cleared up in 30 days, Kim Lehmann will file a suit with the Comal County District Attorney's Office.
- I understand that all co-pays are due at the time of service.
- I understand that if I do not give at least 24 hours notice in canceling an appointment, I will be charged a fee equal to that of the scheduled appointment. This amount, which will not be covered by insurance, will be due not later than the next scheduled appointment.
- I understand that the rate for an initial session is \$150 and \$135 for subsequent individual sessions, or \$150 for subsequent family/couples sessions. These fees are for a routine session.
- I understand that Kim Lehmann is not a psychiatrist, she is a Master's level therapist, and as such can not recommend or prescribe medications but can encourage clients to see an MD for a medication evaluation.
- Emergencies: I understand that although Kim Lehmann does not provide formal emergency services, she does wish to be available to the extent possible. I may call the office number at any time and leave a message. If during the business day, this call will be returned fairly quickly in most circumstances. If the call is received over night or on the weekends, it will usually be returned the next business day. If I find myself in an urgent situation, I have the choice of waiting for the return call, of calling 911, or of going to the nearest emergency room for immediate care.
- Death or Incapacity: I understand that in the event Kim Lehmann dies or becomes unable to continue providing clinical services, Kristin Butler, LPC, will be designated as conservator for my patient records and she will take possession of said records at that time. Upon receipt of my written request Kristin Butler, LPC, will make these records available to me or a mental health provider of my choice.

By signing below, I confirm that I have read, agree to, and received the above information.

Client/Parent of Client

Date Received and Read

This copy is for you to read, understand, sign and leave with Kim Lehmann.

ABOUT THE SPRINGS COUNSELING GROUP AND KIM LEHMANN, LPC, NCC, PLLC (Client copy)

Please initial each box:

- I understand that Kim Lehmann is a Licensed Professional Counselor in the state of Texas.
- I understand that Kim Lehmann works with children, adolescents, and adults in individual, group and family counseling.
- I understand that as my therapist, or the therapist working with my child, I am in control of the counseling relationship and may choose at any time to end our therapeutic relationship.
- I understand that if any assignment is given that I disagree with morally, ethically, or emotionally, I have the right not to proceed in that assignment.
- I understand that if I am concerned about slow progress or lack of progress, I have the right to speak to Kim Lehmann about this.
- I understand that Kim Lehmann does not perform formal testing but refers individuals to those who do.
- I understand that our paths may cross in social situations, but that our therapeutic relationship comes first, along with protection of my confidentiality.
- I understand that there are some occasions when confidentiality can/must be breached. Those are: a) I direct Kim Lehmann to tell someone else in writing or verbally, b) Kim Lehmann determines that her client poses a threat to themselves or others, c) she is ordered by a court to disclose information, or d) She suspects that child abuse has taken place, at which time she will notify Child Protective Services.
- I understand that counseling can improve as well as upset the equilibrium in any person or family.
- I understand that if I have a complaint I can not resolve with Kim Lehmann and I wish to file a formal complaint, I may contact the Texas State Board of Examiners of Licensed Professional Counselors at 1-800-942-5540.
- I understand that I am responsible for all fees that my insurance denies, rejects, or fails to pay to Kim Lehmann.
- I understand that there is a returned check fee of \$25 and that if a returned check is not cleared up in 30 days, Kim Lehmann will file a suit with the Comal County District Attorney's Office.
- I understand that all co-pays are due at the time of service.
- I understand that if I do not give at least 24 hours notice in canceling an appointment, I will be charged a fee equal to that of the scheduled appointment. This amount, which will not be covered by insurance, will be due not later than the next scheduled appointment.
- I understand that the rate for an initial session is \$150 and \$135 for subsequent individual sessions, or \$150 for subsequent family/couples sessions. These fees are for a routine session.
- I understand that Kim Lehmann is not a psychiatrist, she is a Master's level therapist, and as such can not recommend or prescribe medications but can encourage clients to see an MD for a medication evaluation.
- Emergencies: I understand that although Kim Lehmann does not provide formal emergency services, she does wish to be available to the extent possible. I may call the office number at any time and leave a message. If during the business day, this call will be returned fairly quickly in most circumstances. If the call is received over night or on the weekends, it will usually be returned the next business day. If I find myself in an urgent situation, I have the choice of waiting for the return call, of calling 911, or of going to the nearest emergency room for immediate care.
- Death or Incapacity: I understand that in the event Kim Lehmann dies or becomes unable to continue providing clinical services, Kristin Butler, LPC, will be designated as conservator for my patient records and she will take possession of said records at that time. Upon receipt of my written request Kristin Butler, LPC, will make these records available to me or a mental health provider of my choice.

This copy is for you to read, understand, and keep for your records..

PRE-AUTHORIZATION FOR HEALTH CARE (Client Copy)

CONSENT FOR TREATMENT

By signing this document, I, _____, am indicating that I agree to participate in the following services with Kim Lehmann, LPC, NCC, PLLC:

- | | |
|---|----------------------------|
| _____ CLINICAL ASSESSMENT | _____ INDIVIDUAL THERAPY |
| _____ CLINICAL ASSESSMENT FOR MY CHILD | _____ THERAPY FOR MY CHILD |
| _____ FAMILY THERAPY OR COUPLE/RELATIONSHIP THERAPY | _____ GROUP THERAPY |
| _____ OTHER _____ | |

I understand that, in order to develop the therapist-patient relationship and treatment plan necessary to meet my needs, an initial assessment will be completed and a joint decision made to either proceed with the recommended treatment plan or to continue the assessment over additional visits. The limitations and benefits of all therapy or services I may receive will be discussed with me. I understand that while the long term goal of therapy is to feel better, I may experience a period of feeling worse before I begin to feel better and I also understand that there is no guarantee of success. I understand that there may be alternative methods of therapy for my consideration and I am encouraged to ask questions regarding my treatment or other methods at any time.

PRIVACY (CONFIDENTIALITY) POLICY

State and federal laws protects the confidential nature of the therapist-client relationship. Clinical information will not be released to anyone without prior written consent to do so by the client (or the guardian-parent of a minor). However, there are some exceptions where information may be released without client consent. These include:

- 4) A therapist must take appropriate action when there is a danger to the client or to another individual at the client's hands. In general, this means that the therapist may involve others to protect the client if he or she is suicidal or is unable to provide self-care at a level necessary for basic survival. Others may also be involved to prevent harm to another person. State law mandates that suspected neglect or abuse of a child, of an elderly individual, or of a disabled individual must be reported.
- 5) When ordered by a court to do so, a therapist may testify or release client records. However, no release of information or testimony is given in response to a subpoena without the client or client guardian's written authorization unless required by law to do so.
- 6) Consultation with other health care professionals may be necessary at some point in time. Where possible, identification of clients is withheld. However, there are times when exchange of information is necessary. An example of this type of exchange would be when the therapist is out of town or on vacation and another therapist is providing coverage for that therapist. Case material is often used for training, for research, and for other academic endeavors but client identification is always removed. Any other release of information must come with the above listed written approval.

I understand that this agreement is valid for the duration of time that I am participating in services with Kim Lehmann, LPC, NCC, PLLC (hereinafter KL). By signing below, I acknowledge that I have received a copy of the **Pre-Authorization for Health Care** and the **Privacy (Confidentiality) Policy**, and I understand and agree to the entire contents of those documents. I acknowledge that I have had an opportunity to have answered any questions, comments or concerns that I might have had prior to signing this consent and participating in services. I am aware that I can stop counseling at any time. KL reserves the right to amend the **Pre-Authorization for Health Care** and the **Privacy (Confidentiality) Policy** and changes will be available at the office of KL and on the Springs Counseling website at www.TheSpringsCounseling.com. The Springs Counseling Group, LLC, is a group of independent practitioners, and The Springs Counseling Group is not providing the service. Client services are provided by each independent practitioner. I can request a copy of changes at any time at no charge. Any changes that KL makes are effective immediately unless otherwise indicated.

CLIENT SIGNATURE (18 and older)

Date

SIGNATURE OF PARENT OR SPOUSE (for a child age 17 or younger)

Date